



Clinical Myotherapy Pathway Opportunities

The Clinical Myotherapy degree currently holds the highest AQF level of Myotherapy Education in the Asia Pacific region. The Southern School now offers clear pathway opportunities for practitioners to upgrade their qualifications in Remedial Massage at certificate and diploma levels and Myotherapy at an advanced diploma level. Opportunities also exist for those with related bachelor of health science qualifications.

Why Upgrade?

- Expand health science knowledge in cadaveric anatomy, pharmacology, pathology and neurosciences that underpin a sound clinical practice
- Expand knowledge in neuropsychology and pain science to better educate and support patients in your care
- Expand knowledge in exercise rehabilitation, biomechanics and lifestyle management to progress patients through each stage of recovery
- Develop existing skills in assessment and differential diagnosis for improved patient outcomes
- Create pathways to postgraduate qualifications in allied health and research

The following table outlines the qualifications and the pre-approved Block Credits:

Your Qualification	We Give You ...	Full Time Study Remaining	% Credit
Certificate IV in Massage Therapy Practice	3 subject exemptions	2.75 years (33 subjects)	8%
Diploma of Remedial Massage	12 subject exemptions	2 years of study (24 subjects)	33%
Advanced Diploma of Myotherapy	24 subject exemptions	1 year of study (12 subjects)	67%

*please note exemptions are awarded as part of the Block Credit Agreement and subject to change at any time following ongoing academic reviews.

Block credit refers to a documented pathway from nationally recognised VET qualifications to THINK higher education courses.

Block credit can only be granted where a student has completed the requirements of the entry pathway award. No block credit is available for partial completion of an award, or for informal or non-formal learning. Block credit will only be granted where the entry pathway was successfully completed within the last ten years. The amount of block credit granted towards components of a THINK course is determined as part of the agreement and will be automatically applied at the point of entry. When developing a pathway or partnership agreement into an undergraduate course, block credit granted must still leave the student the equivalent of at least one year of full-time study in the destination course.

When entering a course on an articulation pathway, the student is exempt from completing specified stages or components of a THINK course. Once applied to the academic record, block credit does not



provide the student with a formal and nationally-recognised outcome for specified subjects, and will be recorded as a statement on the student record

The policies and documents for application are available here: <http://www.think.edu.au/studying-at-think/policies-and-procedures>

Further details of the Clinical Myotherapy degree are available here:

<http://hub.laureate.net.au/fitzroy/clinicalmyotherapy>

Flexible Study Options

We understand that many applicants will be active practitioners in the industry and a flexible study plan will be important. Many of our classes will have online options for self-paced study to fit in with your clinical practice hours.

We invite you to come and talk with the course and careers advisor or member of the academic team to help create a study plan that works best for you.

Enrolment

Application is via direct entry and interview with the presentation of certified qualifications.

Contact our course and careers advisor, Brad Haby bhaby@laureate.net.au or Tonia Corrone tcorrone@laureate.net.au for an appointment or call on (03) 9415 3333.

Or contact the Clinical Myotherapy Program Manager – Lisa Casanelia lcasanelia@laureate.net.au to answer any of your academic questions and to discuss study plan options

All Think Higher Education courses are Government accredited and FEE-HELP approved.

For more information on open days and course information events please click [here](#) for the latest details.

The following pages show the credit you can receive. You may be eligible for up to two years' credit towards the Clinical Myotherapy degree depending on the studies you have completed. As a base, you will receive a set number of subjects and credit points for your existing qualification.



I am a graduate of the Certificate IV in Massage Therapy Practice

Bachelor of Health Science (Clinical Myotherapy) Certificate IV in Massage Therapy Practice Subject Exemptions						
Year 1	Trimester 1	BHS101A Anatomy & Physiology 1	BHS102A Bioscience	BHS103A Counselling & Communication Skills	CMY101A Myotherapy History & Foundations	Credit for 40hrs Clinical Placement
	Trimester 2	BHS104A Anatomy & Physiology 2	BHS105A Biochemistry 1	CMY102A Musculoskeletal Anatomy 1	CMY103A Neuromuscular Techniques	
	Trimester 3	BHS107A Research & Evidence-Based Practice	CMY104A Surface Anatomy & Trigger Point Location 1	CMY105A Clinical Assessment 1	CMY106A Musculoskeletal Anatomy 2	
Year 2	Trimester 4	BHS201A General Pathology	CMY201A Neuroscience & Motor Control	CMY202A Surface Anatomy & Trigger Point Location 2	CMY203A Clinical Assessment 2	100 hours Clinical Placement
	Trimester 5	CMY212A Clinical Assessment 3	CMY205A Biomechanics & Kinesiology	CMY206A Myofascial Dry Needling 1	CMY207A Pain Management 1	
	Trimester 6	CMY204A Musculoskeletal Pathology	CMY209A Exercise Prescription 1	CMY210A Myofascial Dry Needling 2	CMY211A Pain Management 2	
Year 3	Trimester 7	BHS303A Musculoskeletal Integrative Pharmacology	Level 300 Elective	CMY311A Joint Mobilisation	CMY303A Myotherapy Clinical Practicum 1	120 hours Clinical Placement
	Trimester 8	CMY304A Exercise Prescription 2	Level 300 Elective	CMY306A Pain Management 3	CMY307A Myotherapy Clinical Practicum 2	
	Trimester 9	BHS401A Professional Practice	CMY305A Critical Literature Review	CMY309A Neuropsychology	CMY310A Myotherapy Clinical Practicum 3	

Level 300 Elective options*	CMY301A Lifespan Myotherapy	CMY302A Nutrition for Musculoskeletal Health	CMY312A Sports Injury Management	CDC302A Social Enterprise
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	Approved for credit exemption for diploma graduates
	Open for RPL and credit exemption applications
	Not available RPL and credit exemption applications
	Clinic placement hours



I am a graduate of the Diploma of Remedial Massage...

Bachelor of Health Science (Clinical Myotherapy) Diploma of Remedial Massage Subject Exemptions						
Year 1	Trimester 1	BHS101A Anatomy & Physiology 1	BHS102A Bioscience	BHS103A Counselling & Communication Skills	CMY101A Myotherapy History & Foundations	Credit for 80hrs Clinical Placement
	Trimester 2	BHS104A Anatomy & Physiology 2	BHS105A Biochemistry 1	CMY102A Musculoskeletal Anatomy 1	CMY103A Neuromuscular Techniques	
	Trimester 3	BHS107A Research & Evidence-Based Practice	CMY104A Surface Anatomy & Trigger Point Location 1	CMY105A Clinical Assessment 1	CMY106A Musculoskeletal Anatomy 2	
Year 2	Trimester 4	BHS201A General Pathology	CMY201A Neuroscience & Motor Control	CMY202A Surface Anatomy & Trigger Point Location 2	CMY203A Clinical Assessment 2	100 hours Clinical Placement
	Trimester 5	CMY212A Clinical Assessment 3	CMY205A Biomechanics & Kinesiology	CMY206A Myofascial Dry Needling 1	CMY207A Pain Management 1	
	Trimester 6	CMY204A Musculoskeletal Pathology	CMY209A Exercise Prescription 1	CMY210A Myofascial Dry Needling 2	CMY211A Pain Management 2	
Year 3	Trimester 7	BHS303A Musculoskeletal Integrative Pharmacology	Level 300 Elective	CMY311A Joint Mobilisation	CMY303A Myotherapy Clinical Practicum 1	120 hours Clinical Placement
	Trimester 8	CMY304A Exercise Prescription 2	Level 300 Elective	CMY306A Pain Management 3	CMY307A Myotherapy Clinical Practicum 2	
	Trimester 9	BHS401A Professional Practice	CMY305A Critical Literature Review	CMY309A Neuropsychology	CMY310A Myotherapy Clinical Practicum 3	

Level 300 Elective options*	CMY301A Lifespan Myotherapy	CMY302A Nutrition for Musculoskeletal Health	CMY312A Sports Injury Management	CDC302A Social Enterprise
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	Approved for credit exemption for diploma graduates
	Open for RPL and credit exemption applications
	Not available RPL and credit exemption applications
	Clinic placement hours



Study Plan for upgrade to Bachelor of Health Science (Clinical Myotherapy) following completion of Diploma of Remedial Massage						
Year 1	Trimester 1	BHS104A Anatomy & Physiology 2	CMY102A Musculoskeletal Anatomy 1	BHS201A General Pathology	CMY105A Clinical Assessment 1	100 hours
	Trimester 2	CMY106A Musculoskeletal Anatomy 2	CMY201A Neuroscience & Motor Control	CMY203A Clinical Assessment 2	CMY205A Biomechanics & Kinesiology	
	Trimester 3	CMY212A Clinical Assessment 3	CMY206A Myofascial Dry Needling 1	CMY207A Pain Management 1	CMY209A Exercise Prescription 1	
Year 2	Trimester 4	CMY204A Pathology for Myotherapy	CMY211A Pain Management 2	CMY210A Myofascial Dry Needling 2	CMY303A Myotherapy Clinical Practicum 1	120 hours
	Trimester 5	CMY311A Joint Mobilisation	CMY304A Exercise Prescription 2	BHS303A Musculoskeletal Integrative Pharmacology	CMY307A Myotherapy Clinical Practicum 2	
	Trimester 6	CMY306A Pain Management 3	CMY309A Neuropsychology	CMY305A Critical Literature Review	CMY310A Myotherapy Clinical Practicum 3	



I am a graduate of the Advanced Diploma of Myotherapy ...

Bachelor of Health Science (Clinical Myotherapy) Advanced Diploma of Myotherapy Subject Exemptions						
Year 1	Trimester 1	BHS101A Anatomy & Physiology 1	BHS102A Bioscience	BHS103A Counselling & Communication Skills	CMY101A Myotherapy History & Foundations	Credit for 80hrs Clinical Placement
	Trimester 2	BHS104A Anatomy & Physiology 2	BHS105A Biochemistry 1	CMY102A Musculoskeletal Anatomy 1	CMY103A Neuromuscular Techniques	
	Trimester 3	BHS107A Research & Evidence-Based Practice	CMY104A Surface Anatomy & Trigger Point Location 1	CMY105A Clinical Assessment 1	CMY106A Musculoskeletal Anatomy 2	
Year 2	Trimester 4	BHS201A General Pathology	CMY201A Neuroscience & Motor Control	CMY202A Surface Anatomy & Trigger Point Location 2	CMY203A Clinical Assessment 2	Credit for 100hrs Clinical Placement
	Trimester 5	CMY212A Clinical Assessment 3	CMY205A Biomechanics & Kinesiology	CMY206A Myofascial Dry Needling 1	CMY207A Pain Management 1	
	Trimester 6	CMY204A Musculoskeletal Pathology	CMY209A Exercise Prescription 1	CMY210A Myofascial Dry Needling 2	CMY211A Pain Management 2	
Year 3	Trimester 7	BHS303A Musculoskeletal Integrative Pharmacology	Level 300 Elective	CMY311A Joint Mobilisation	CMY303A Myotherapy Clinical Practicum 1	120 hours Clinical Placement
	Trimester 8	CMY304A Exercise Prescription 2	Level 300 Elective	CMY306A Pain Management 3	CMY307A Myotherapy Clinical Practicum 2	
	Trimester 9	BHS401A Professional Practice	CMY305A Critical Literature Review	CMY309A Neuropsychology	CMY310A Myotherapy Clinical Practicum 3	
Level 300 Elective options*		CMY301A Lifespan Myotherapy	CMY302A Nutrition for Musculoskeletal Health	CMY312A Sports Injury Management	CDC302A Social Enterprise	
Approved for block credit exemption for Advanced Diploma graduates						
Clinic placement hours						



Study Plan for upgrade to Bachelor of Health Science (Clinical Myotherapy) following completion of Advanced Diploma of Myotherapy						
Year 1	Trimester 1	CMY201A Neuroscience & Motor Control	CMY205A Biomechanics & Kinesiology	CMY212A Clinical Assessment 3	CMY209A Exercise Prescription 1	120 hours
	Trimester 2	CMY311A Joint Mobilisation	CMY304A Exercise Prescription 2	BHS303A Musculoskeletal Integrative Pharmacology	CMY307A Myotherapy Clinical Practicum 2	
	Trimester 3	CMY306A Pain Management 3	CMY309A Neuropsychology	CMY305A Critical Literature Review	CMY310A Myotherapy Clinical Practicum 3	